

WinnMed Action – FY2025 <i>Alcohol and Illegal Drug Use/Abuse</i>	Action Review – FY2026
Continued focus on Opioid stewardship	The Opioid Stewardship tab is included in the Board of Trustees presentations quarterly in our Patient Safety Report. We continue to meet quarterly as a team to discuss ongoing opportunities for improvement.
Screen for SDOH needs and provide resources for follow up	In FY 26 (to date), our SDOH-1 Screening Rate for inpatients has remained above benchmark (> 90%).
Offer 211.org resources	211.org resources are distributed to ED and Med-Surg. Social Work may also use them when talking with patients who screened positive for SDOH.
Track quality metrics regarding the checking of the Prescription Drug Monitoring Program (PDMP)	We continue to track this by service area department and by provider. This is on the Opioid Stewardship portion of the Patient Safety Report the Board of Trustees sees quarterly. As an organization, we perform very strongly in this. This metric is tracked on provider dashboards as well.
Provide expanded social work services to clinic patients	No update.
Support partner agencies in promoting community education events	Support Helping Services for Youth & Families in the annual fundraiser, NAMI support group promotion.
Continue to collaborate with Helping Services for Youth and Families and Quit Line Iowa in providing smoking cessation packets to WinnMed patients	In FY 26 (to date) 5-10 packets given out by Respiratory Therapy. Other departments may also distribute as needed.
Offer a drug drop-off receptacle in the WinnMed Pharmacy	On hold due to State/Federal requirements.
Flag medical record for Narcan prescription if patient is prescribed an opioid	Each time a patient is prescribed an opioid that is >50 MME/Day or is prescribed an opioid and a benzodiazepine, the Our Practice Advisory (OPA) activates in Epic stating the patient may be at risk for unintentional opioid overdose due to various risk factors. A naloxone prescription is recommended. Providers can choose to act on this OPA.

WinnMed Action – FY2025 <i>Access to Primary & Specialty Care</i>	Action Review – FY2026
Recent addition of full-time specialists in the following fields: OB-GYN, Allergy & Immunology, General Surgery, Dermatology, Urology, Rheumatology and Orthopedics & Sports Medicine.	Complete. Providing Dermatology outreach to Community Memorial Hospital in Sumner beginning June 2026. Adding 5 new physicians in 2026 (to date): 3 Family Medicine, 1 Emergency Medicine, 1 psychiatrist. Additionally, launched robotic-assisted surgery with the purchase of the da Vinci 5 surgical system. Reached 100 robotic surgeries in May 2026.
Expanding Clinic, Surgery and OB spaces through a \$50 million expansion project (completion date January 2026)	Project completed March 2026.
Follow team-based care model to provide expanded access to primary care	<p>Same Day Access: We have improved same day appointment access over FY26, beginning the fiscal year with an average of 11% openings at the beginning of the day and progressing to 21% average openings at the beginning of the day (to date). This metric shows that we have more same day appointment openings for access for our patients.</p> <p>The clinic appointment fill rate for last four months is 90%, indicating there are openings for patients to receive the care that they need.</p> <p>Physical access: over the past five months, patients wait an average of 31 days to schedule a physical.</p>
Electronic self-scheduling available at college clinics and for mammography. Plans to expand to other areas/appointments	No update.
Clinical pharmacist available for patient care needs	The clinical pharmacist had 432 encounters (to date) in FY26. We are adding a second pharmacist to provide this service in July 2026, bring the FTE to 1.0.
Outreach clinics in Ossian, Mabel, Luther College and Upper Iowa University	WinnMed continues to provide access in our outreach clinics, and in partnership with Luther College, is opening Luther Clinic for community appointments during the summer months. Note: we are closing UIU Clinic due to low utilization, but continuing to provide sports medicine services.
Urgent Care available daily outside of clinic hours with plans to expand open hours and space.	Urgent Care continues in current format (4-9 pm Monday-Friday, 8 am - 4 pm Saturday and Sunday). Plans to expand are on hold due to finances.

WinnMed Action – FY2025 <i>Access to Mental Health Services</i>	Action Review – FY2026
Continue IBH program to give patient quick access (within 7-14 days) to brief mental health services and assist with referrals when longer term treatment is needed.	We have had 301 IBH consults in FY26 (to date)
Potential expanded IBH program to include Luther College students.	We expanded IBH to the Luther Clinic for the college population in the Spring 2026 semester.
Provide group therapy to improve access and lower costs: chronic pain and insomnia.	We provide four multi-week groups each year, and have served 19 patients in this format to date in FY26.
Continue recruitment of a psychiatrist and an additional psychologist.	We hired a psychiatrist who starts full time at WinnMed July 2026.
Continue to support local mental health/suicide awareness events in collaboration with other community agencies and regional mental health providers.	WinnMed participates in community events and forums, as requested.
Continue to conduct suicide screening for every patient, every visit and ensure appropriate follow up. And conduct regular depression and anxiety screening and provide patient educational information on depression, anxiety, stress and other topics	Using the CSSRS screener, we remain above benchmark (>90%) in all areas. (Metric excludes Behavioral Health patients.) Reported in the Quarterly Patient Safety Report.
Continue to offer telepsychiatry through the Emergency Department.	We work with FlowState to provide telepsychiatry in the ED. From July 1, 2025 - March 31, 2026 - they provided 11 substance abuse consults; 145 behavioral health consults.
Maintain the “Mental Health Resources in Northeast Iowa Region”	This document is available to the medical practice. We are considering expanding it for community access.
In collaboration with the Winneshiek County Sheriff’s Office, provide free gun locks to help secure firearms and reduce risk of suicide.	Continues, as needed.
Continue collaborative work to promote the wellbeing and greater resilience of our providers (caring for our caregivers).	No update.
New action	WinnMed Obstetrics partners with Helping Services for

	<p>Youth and Families to provide resources for new families that could include:</p> <ul style="list-style-type: none"> • Breastfeeding support • Child passenger safety • Developmental assessments • Healthy home environment checklist • Infant/Child weight checks • Vision/Hearing screenings • Resource referral and Parent Support <p>They offer their services to any patient regardless of their insurance.</p>
--	--

<p>WinnMed Action – FY2025 <i>Physical activity & facilities/programs to support it.</i></p>	<p>Action Review – FY2026</p>
<p>Provide regular senior circuit wellness classes in Ossian and Calmar clinics.</p>	<p>Serve 12 unique patients/clients in these classes.</p>
<p>Athletic Training contracts with area schools and Luther College</p>	<p>Continue services to Decorah, South Winn, Postville Spring Grove, and Luther College.</p>

WinnMed Action – FY2025 <i>Availability of healthy foods & education to support choices</i>	Action Review – FY2026
WinnMed Nutrition Services provides nutritionally tailored or medically tailored meals (MTM) for a variety of community-based clients including: *mobile meal recipients (delivered) *frozen meal recipients (pick-up at facility) *local preschool	All numbers FY26 (to date): Mobile Meals: 2879 meals; 12-22 clients each month Frozen Meals: 863+ meals (missing data from one month) Preschools Meals: 942 meals 2/26 school year - Nisse Preschool and Children's Place
Senior nutrition program - monthly nutrition education classes at the Decorah Senior Center. WinnMed dietitians present info provided by Iowa State University extension	69 total attendees; 29 people
Farmers' market coupon program (United Way grant funded annually for 34 years)	2025 program: 291 clients served
Individual and group nutrition education programs	No update.
Cardiac rehab group education	13 patients served.
Medicare-covered Intensive Behavior Therapy for Weight Management	250 IBT visits (new and follow-up) + adding pharmacy support to this service.

WinnMed Action – FY2025 <i>Older adult services, specifically transportation</i>	Action Review – FY2026
Screen for SDOH needs and provide follow up resources; 211.org resources	211.org resources are distributed to ED and Med-Surg. Social Work may also use them when talking with patients who screened positive for SDOH. In FY26 (to date), our SDOH-1 Screening rate for inpatients has remained above benchmark (> 90%)
Offer full-service home health care (nursing and rehabilitation) and Hospice services.	To date (FY26): Hospice - 106 patients, Home Health - 228
Provide support to patients/community through the Senior Health Insurance Information Program (SHIP)	Served 986 clients to date in FY26
Provide Chronic Care Management through clinic nursing staff for patients with two or more chronic conditions.	This number varies, but has been between 19 and 25 unique patients at any given time.
Provide Transitional Care Management to support unnecessary readmissions and ensure continuity of care post discharge.	We track Transitional Care Management (TCM) patients scheduled with primary care provider. Med/Surg tracks: Follow up phone call process issues, follow-up appointment scheduled prior to discharge, and care conference offered prior to skilled discharge/readmission.
Expand our team-based care programming in primary care to enhance population health management.	Added a fourth “team” in FY26 + plans for an additional clinical pharmacist in FY27.
Offer dementia care services for patients and caregivers in the region.	FY26 (to date) - 64 evaluations
Provide Skilled Care to the community for safe recovery from hospitalization or surgery.	Skilled patient days in FY26 (to date): 531
Support partner agencies in promoting community education events.	NEI3A Aging Event Support, Dementia Friends Community Education
Provide medical directorship to nursing homes	Wellington, Ossian, Eastern Star, Good Sam
Since 2023 and forward, ongoing participation in the Medicare Shared Savings Program ACO to enhance the data we receive on population health metrics for our Medicare patients.	WinnMed is one of the top performers in Annual Wellness Visits (AWV) for our ACO. In 2025, we finished the year with 83.13% AWV Rate (target is 66%).